

Authorization to Release/Obtain Confidential Information and Records

Client Name: _____ Date of Birth: _____

I, _____, authorize and request that Laura Valentino, LISW-S, may release or exchange with, the client's confidential information, to the following individual, group, or organization, including insurance providers.

Individual, group, or organization name: _____

Address: _____

Phone number: _____ Fax: _____

Information to be released may include:

- Dates of treatment
- Treatment goals
- Progress in therapy
- Symptoms and/or diagnosis
- Other: _____

For the following reasons:

- Further enhance mental health treatment
- Insurance/billing purposes
- Communication between family members
- Provide requested information from other professionals
- Other: _____

This Release of Information is valid for one year from the date it was signed.

Client Signature (or parent/guardian signature, if applicable) Date

Clinician Signature Date